

# Tamara Scholz

Founder & Director of Son Cavalls  
Coach & Consultant  
for Personal Development

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SON CAVALLS

*by Tamara Scholz*



Tamara Scholz is the **founder and director of Son Cavalls**, a center for **systemic process facilitation** and **equine-assisted personal development** in Mallorca.

With a background in education, entrepreneurial experience and more than 17 years of supporting individuals in private and professional transitions, she specializes in **working with executives, families and adolescents**.

Tamara is a trained educator with advanced systemic training and solid experience in **communication, emotional intelligence and self-regulation**.

She designs **customized coaching, training and retreat formats** for her clients -online, on-site or directly within the organizational context.

Her **equine-assisted coaching sessions** at the Son Cavalls finca provide deeply **sustainable, embodied learning and transformation experiences**.

#### **Core Areas:**

- \* Systemic consulting & constellation work (family, team, organization)
  - \* Trainer in emotional intelligence & communication
  - \* Executive coaching & decision-making support
  - \* Trauma-sensitive process facilitation & self-regulation
- \* Equine-assisted personal development & team dynamics
  - \* Multilingual coaching (German, English, Spanish)

#### **Clients & Areas of Application:**

- \* Entrepreneurs & executives – individual coaching & seminars
  - \* Individuals with specific personal development goals
- \* Families & couples – relationship dynamics, communication, crisis support
  - \* Adolescents – self-confidence, social skills, bullying
- \* Teams & organizations – leadership, roles, transformation

#### **Languages:**

- \* German (native)
- \* English (fluent)
- \* Spanish (fluent)